

MARINELAB'S SUGGESTED PACKING LIST:

Sunblock (waterproof, SPF 30 or higher – no oils ofInsect repellentToiletries (shampoo, soap, toothpaste, etc.)Motion sickness medicine, if neededMedications, **including Inhalers & Epi-pens if mainCamera (put your name on it!)REFILLABLE WATER BOTTLE IS REQUIRED (a	rked YES on MarineLab's waiver
CLOTHING, BED LINENS, & TOWELS:	
Sleeping bag or twin bed linens, & pillow 2 towels (one for shower, one for boat) Personal clothing & swimwear Rash guards or t-shirt for sun protection while snot Hat & sunglasses Face buffs/neck gaiters (sun & wind protection) Plastic bag to carry wet items home! Sandals/tennis shoes to wear around campus Flip flops/shower shoes Raincoat	rkeling

PERSONAL ELECTRONICS:

TOILETRIES & PERSONAL ITEMS:

Cellphones, even waterproof ones, and music players are not allowed on the boats or in the classrooms. Please be sure your student knows to store them securely in their luggage while they are out on the water. We recommend disposable underwater cameras for picture taking. If they bring a GoPro or similar camera, be sure their name is on it! Don't forget charging cords!

Sweatshirt or jackets for cooler months (November – March; you may feel chilled when you get out of the water)

SNORKEL EQUIPMENT:

Snorkel gear is included in your program! However, we do encourage you to bring your own mask & snorkel if you have a high-quality set. Fins take up a lot of packing space so feel free to leave yours at home and use ours instead. **DO NOT BRING FULL-FACE MASKS** as we have determined they are unsafe in our program.

WETSUIT:

Shorty wetsuits are provided, if needed.

PLEASE DO NOT BRING:

Food (it invites creepy crawlies into the dorm rooms) – Slurp gun – Speargun – Dive gloves or dive knives – Cheese Whiz or "fish food" – Fishing equipment – Gum – SPRAY sunscreen

THE GIFT SHOP HAS THE FOLLOWING:

Post cards & stamps - Souvenirs - T-shirts - Single-use cameras - Water Bottles - Towels - Limited Snacks

CONTACT INFORMATION FOR PARENTS:

MarineLab is located at mile marker 103.2, oceanside. Our street address is **51 Shoreland Drive, Key Largo, FL 33037.**Our office phone number is 305-451-1139. This number is staffed from 8:30 am to 5:00 pm Monday through Friday. Use **extension 1 to speak with Anne** for questions about the program. Use **extension 2 to ask Kelley** to get a message to your child or one of the chaperones. Kelley is also your go-to person for any lost and found items after your student comes home.