

## CONTACT INFORMATION FOR PARENTS

We are located at Mile Marker 103.2, oceanside, 51 Shoreland Drive, PO Box 787, Key Largo, FL 33037.

Office phone (305) 451-1139 or (800) 741-1139. This number is staffed from 8:30 am to 5:00 pm Monday through Friday. An answering machine will pick up after 5:00 pm and on weekends.

## TOILETRIES & PERSONAL ITEMS

- Pencil and notebook
- Sunblock (Waterproof, SPF 30 or higher—no oil or sprays, please) unless you are buying SolRX through us
- Insect repellent
- Toiletries (shampoo, soap, toothpaste, etc.)
- Motion Sickness Medicine (if motion sickness has been a problem, or if you aren't sure)
- Medication, including inhalers if you use them
- Change for snack, soda machines
- Reusable, refillable water bottle (unless you are getting a MarineLab water bottle!)
- Camera (optional—put your name on it!)

**Don't send large beach towels** - they take up too much space on the boats, and don't dry as quickly. Standard bath towels work fine.

## CLOTHING & LINENS

- Sleeping bag or twin bed linens, and a pillow
- 2 Towels (one for shower, one for boat)
- Personal clothing and swimwear
- Rash guards for snorkeling (sun protection- *this is required*)
- Windbreaker or rain coat
- Plastic bag to carry wet items home!
- Sweatshirts or jackets for cooler months (November—March; you will be chilled when you get out of the water!)

## PERSONAL ELECTRONIC DEVICES

Cell phones and music players are not allowed on the boats or in the classrooms. Please be sure your child knows to store them securely in their baggage while they're out on the water.

## EQUIPMENT

Snorkel gear is included in your program! Only bring your own equipment if you already own a high quality set—don't get the beach toy special in the grocery store, ours will be better! If you have a new mask, scrub it with toothpaste before using it or bringing it with you.

## WETSUITS

Shorty wetsuits are available for rental. Check with your child's teacher for details.

## PLEASE DO NOT SEND:

- |                            |             |                            |
|----------------------------|-------------|----------------------------|
| Food                       | Slurp gun   | Speargun                   |
| Dive gloves or dive knives | Weight belt | Cheese Whiz or "fish food" |
| Fishing equipment          | Gum         | <b>SPRAY SUNSCREEN</b>     |

## THE FOLLOWING ITEMS ARE AVAILABLE FROM THE GIFT SHOP:

- |            |           |             |               |       |
|------------|-----------|-------------|---------------|-------|
| Post Cards | Stamps    | Souvenirs   | T-shirts      | Books |
| Film       | Batteries | U/W cameras | Water Bottles |       |

